



Sutherland
Shire
Carer
Support
Service Inc

Sutherland Shire
CARERS AND CONSUMERS FORUM

WHEN: Tuesday 23rd February 2016

WHERE: Stapleton Ave Community Centre, Hall 2
3a Stapleton Ave, Sutherland

TIME: 10:30am – 2:00pm

GUEST SPEAKERS -

- 1) ACTIVUS Transport – (formerly Sutherland Shire Community Transport) will give an update on their services
- 2) Michelle Ramanauskas:, Forever Active will conduct Chair Zumba and Active chair based exercise sessions (Wear comfortable shoes and clothes – suitable for all abilities!)

Meet other Carers and Service Users in the Shire

Gain information about topics that relate to your health & wellbeing

Raise issues that concern you

Please contact
Leonie or Tracy on
9542 6292 if you
require transport

2 hour parking
close by

Please RSVP by
Thurs 18th Feb



Our quarterly Forums are specifically for those currently using or eligible for Home and Community Care (HACC) and Community Care Support Program (CCSP) services. This includes people with disability, frail older people and carers of both groups.

Representatives of organisations that provide services do not attend unless by invitation as guest speakers, to allow for open discussion of issues and concerns.